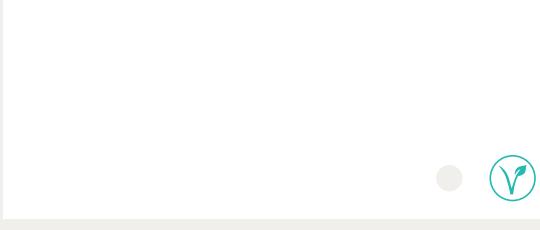
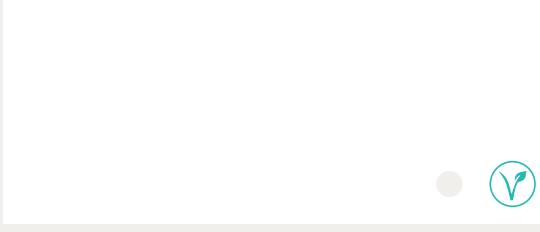
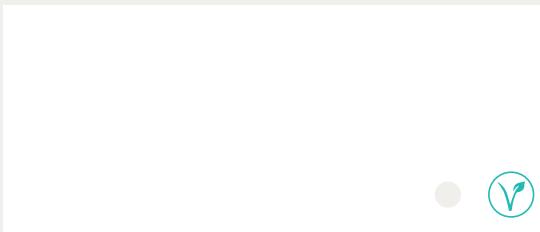
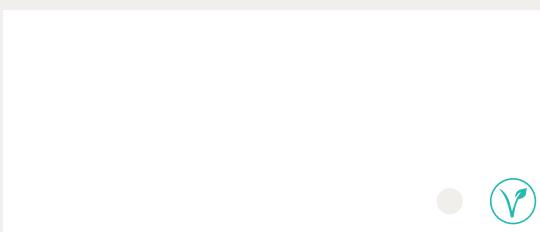
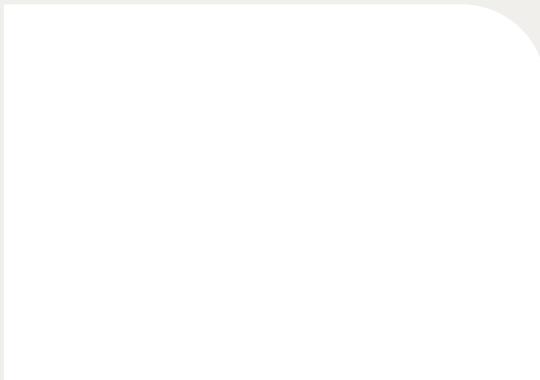


Repas de la semaine



Repas «vide frigo»



Liste d'épicerie



Fruits et légumes

Protéines

Boulangerie et aliments secs

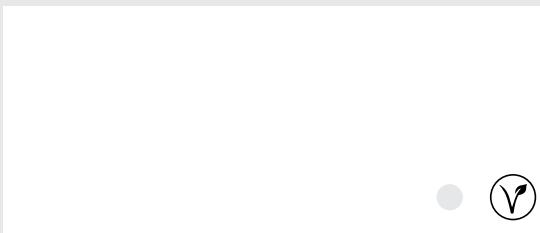
Produits laitiers, œufs

Surgelés et autres

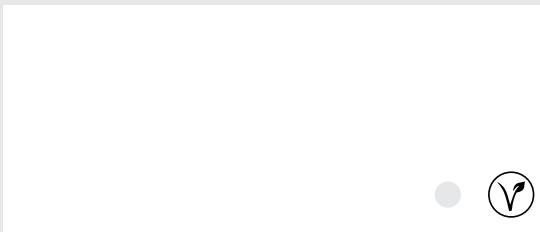


Idées repas

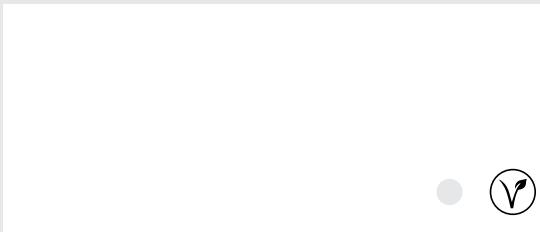
Repas de la semaine



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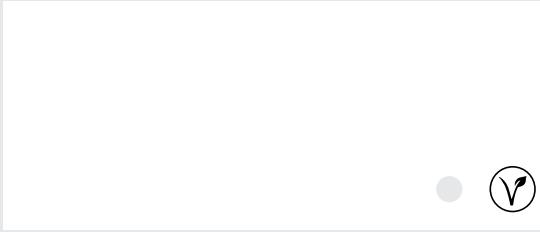
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Repas «vide frigo»



Liste d'épicerie



Fruits et légumes

Protéines

Boulangerie et aliments secs

Produits laitiers, œufs

Surgelés et autres



Idées repas